



SCANDINAVIAN MOUNTAINS GRAVEL ROUTE





W e l c o m e

What to expect? A full experience of gravel cycling in a remote but safe environment. 262 is not a race. You can attempt the tank on our 12 segments during the days but there is no need to rush from start to finish. Instead enjoy the views, enjoy the company, enjoy the food and snacks. Push hard on the segments and you might get rewarded on one of the Awards Dinners. But no one is safe when we give out prizes.

262 is an exclusive event where you will get close to your fellow cyclists. We'll have plenty of time to hang off the bike and get to know the others as well as the organisation and partners. You will be fully taken care of with food, guides, snacks, energy, swag etc.

You can choose to ride the route your own pace and just follow the GPS or you can go with one of our groups. You can go full gas on the segments or you can ride easy pace.

Try to get through this entire Memo / Information before you get to Lindvallen next week. Included is a detailed schedule, information, contact details to key persons, segments and the long expected GPS-route.

check in 16.00. sms utskickat. när lgh är klara får de sms att nyckeln är klar.

If you don't have the energy to read anything at all then Key place to be with your bike (if you have booked accommodation) is Skistar Lindvallen Lodge on Thursday 27/6 at 16.00 for the Shake out Ride or 17-19.00 for registration and check in. Then you'll get all the info you need <https://maps.app.goo.gl/yw3ZFKQaazqBHZ7>

Sälen / Lindvallen, Sweden

In Sälen you will be staying at Skistar Lodge Lindvallen.

From 4pm you have access to your accommodation.

Check out is no later than 10am on Sunday 30th of June

You have access to the accommodation in Sälen throughout your stay, Thursday – Sunday

The main booker will receive check-in and check-out info via sms the day before check-in and check-out.

For safety reasons it's allowed to store your bike in your accommodation (only in Sälen).

Trysil, Norway

In Trysil you check in at the reception at Radisson Blu Trysil.

Just need to say your name to get your room.

Bike parking:

Radisson Blu Trysil has bicycle parking in the P-2 garage. This garage is locked at 22:00 and reopens at 07:00.

The garage is video monitored.

A bicycle lock is recommended as extra safeguard.

- Note that drinks are not included.
- Are there any food allergies that need to be considered? Please let us know as soon as possible! Send an email to group@skistar.com and specify that your part of 262 Gravel



THURSDAY JUNE 27

15.00-19.00 - 262 Welcome and Registration Opens. Get your goodie bag, sign the list! Skistar Lodge Lindvallen. Meet people and partners

16.00 - 50-60min Shake-out Ride. Meet at Ski Lodge. Test your gear and nerves.

Dinner is not included in the fee for this first evening but it's available to order food in the bar at Skistar Lodge

20.00 - 262 Information and Talks. Skistar Lodge bar Lindvallen. Inspirational talks from legends, friends and partners. We will listen to Fredrika Ek, who cycled around the world and the 262 organisation will talk about what's ahead.



FRIDAY JUNE 28

262 DAY 1 Sälen to Trysil. Northern Route.
131 kilometers.

from 07.00 - Bad Ass Breakfast. Skistar Lodge Bar Lindvallen. Oatmeal. Bananas. Pancakes. You name it.

08.00 - 08.15 - Trysil Baggage Drop - Start Location. Bring what you want and need for the night in Trysil. The rest you can leave in the room at Lindvallen.

08.15 - 262 pre gathering. Start location.

08.30 - Start 262 Scandinavian Mountains Gravel Route. Start location

50km ca 11.00 - TREK Feel good Energy stop. Top of Segment 2

65km ca 12.00 - Lunch. Pizza! Fulu fjellet National Park. Take a break and feel the nature. Beware of the bears.

119km Top of Final Climb. Trysil. 7 kilometers. 700 meter elevation. 7.7% grade. Enjoy the view with a cold drink. Photo moment before rolling down to the After Bike!

Fr. 16.00 Mandatory Meet up for the Sweet After Bike. Sweet Protection HQ. Beverages and snacks at our friends at Sweet's headquarters

ca 16-18 - Finish 262 Day #1. When you feel done at Sweet, ride to the hotel Radisson Blu Trysil Reception

When you arrive at Radisson Blu Reception, say your name and get your room!

Spa & Sauna Radisson Blu Resort Trysil. Relax. You will need it.

19.30 - Day 1 Awards Dinner - Radisson Blu Resort Trysil. Food. Lots of food. And laughter.

ca 20.30 TREK Nordics Pub-quiz! Radisson Blu Trysil



SATURDAY JUNE 29

262 DAY 2 Trysil to Sälen .Southern Route.
133 kilometers.

from 06.30 -FillUp YourEnginesBreakfast.Radisson Blu Trysil.

07.15 -07.30 - Bagage Drop -Reception Radisson Blu Trysil.

07.45 -262 pre gathering.Start location

08.00 -StartDay 2. Start location

58km ca 11.00 -Lunch into theWild. Rörbäcksnäs.Local food served in thewild.

76,5km -TREK FeeI good Energy stop .After Segment 4

ca 15.30-17.30 Finish 262 Day #2 with Trek FeeI good finish

Fr. 15.30 The LocalAfter Bike at SkStar Lodge Lodge bar.

Spa & Sauna.Relax.You will need it.

19.30 -Day 2 AwardsDinner at SkStar Lodge Lindvallen.

SUNDAY JUNE 30

07.00 - 10.00 - Goodbye Breakfast . SkiStar Lodge Lodge Bar

Check out & departure



- Have an insurance
- For timing at the segments you need to upload your ride to Strava and CONNECT your Strava to our Segment System : <https://strava.guidedheroes.com>
- Don't litter! Keep it tidy and show respect to your fellow participants, the local residents, the traffic (if you see any), nature and animals along the route.

We help each other and we all contribute to a friendly atmosphere out there. It is not a race. It is an experience and a journey. You'll get tired enough at the segments...

- Follow the traffic rules
- You notify the organisation (see contact-info later) if you need to abandon and/or require assistance from our service team
- Don't ride if you're sick
- Sign the Start and Finish list each day
- Say hi to everyone you meet



At 262 Gravel you can choose to ride solo or with one of our two guided groups. We will have two guides in each group that will keep the group together and make sure everyone has a good time. At any time you can choose to leave the group though and go on your own (if you have the route). You can see our groups as a steady truck that moves along the route and picks up anyone that wants to join for a social time.

The Guided groups will stop before each segment to give a short brief on what's ahead. At the end of the segment they will stop and regroup.

Guides "Carlsson Jr" and "Skullman" will ride the slower/"pretty" group with a pace around 23-26km/h



Guides "Kaiser August" and "Carlsson Sr" will ride the faster group with a pace around 26-29km/h





SCANDINAVIAN MOUNTAINS GRAVEL ROUTE

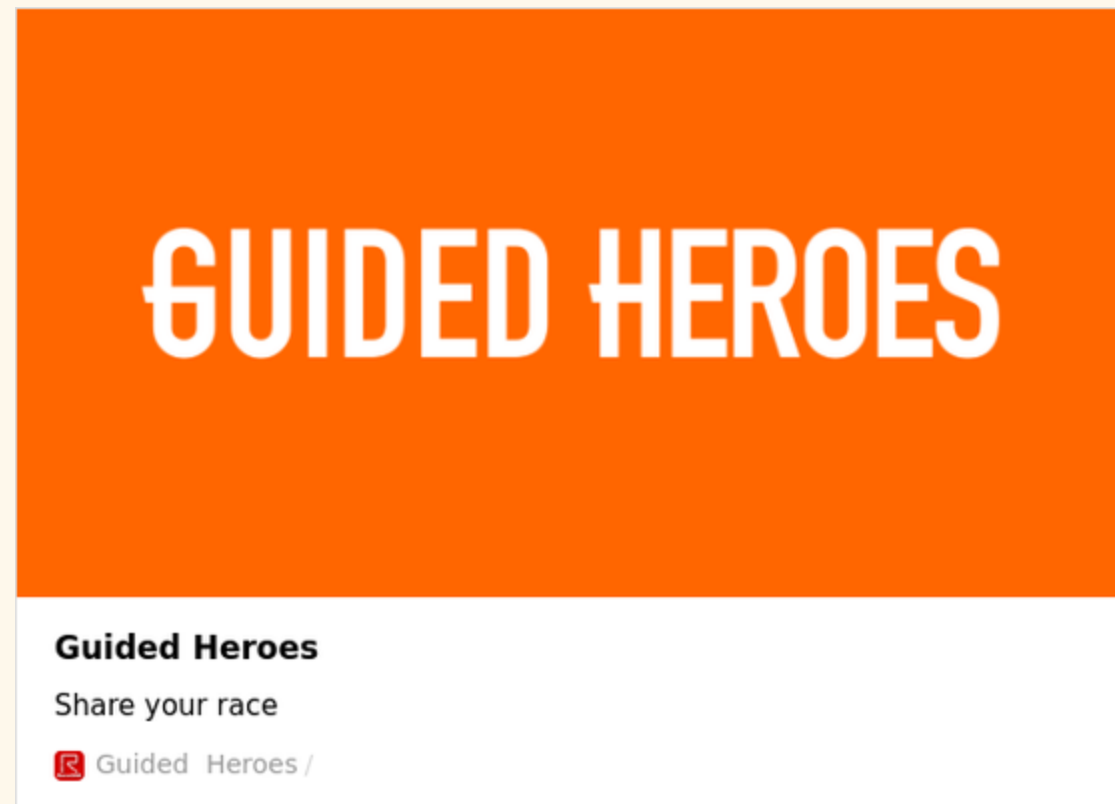


Tracking

With our App “Guided Heroes” we and your friends and family can follow you live on the map during the day. Give you thumbs up and cheer Live!

Download the app and activate 262 Gravel on the start line. Share the Live Tracking with your friends

LNK:





- We recommend a gravel / cyclocross / MTB that is in good condition and that fits tires over 35mm. All participants must wear a helmet.
- We recommend bringing a Powerbank for charging of phone and/or GPS. We are out in mountain-terrain.
- You must bring spare parts for minor problems (pump, CO₂, tubes, chain link, multi-tool etc).
- Bring clothes suitable for the day but try to bring an extra jacket. You never know what might happen out there.
- We recommend that you bring extra energy and lots of water. You will get snacks and drinks and water on the lunch and energy stops but in between you need more stuff for your pockets. So start with full bottles and pockets.
- We will have TWO Service vehicles on the route if you are really unlucky. One of these cars will also be at each lunch-stop so you can drop stuff or pick up any spare stuff you left in the car at the start. A down-jacket is always nice to have if the stop is longer.
- The service vehicles are equipped with First aid material, tools, tubes, tires and energy in different shapes.
- Service Car 1 will be driven by Fredrik
- Service Car 2 will be driven by Kaj

In case of emergency in Sweden you call SOS number (+46) 112. On the Norwegian side you call medical emergency at (+47) 113.

If the issue is minor with you and/or your bike we will pick you up with one of the cars.



SCANDINAVIAN MOUNTAINS GRAVEL ROUTE



Photo - Film

We will have the professional photographer Chris Lanaway <https://www.christopherlanaway.com>

<https://www.instagram.com/chrislanaway/> with us on the event. The material will be used in our marketing and/or be published in news

and ad material. If you're not comfortable with this please contact us at info@guidedheroes.se and we can make sure not to use these

photos.

You will of course have access to a fantastic library of photos to enjoy and share from the event

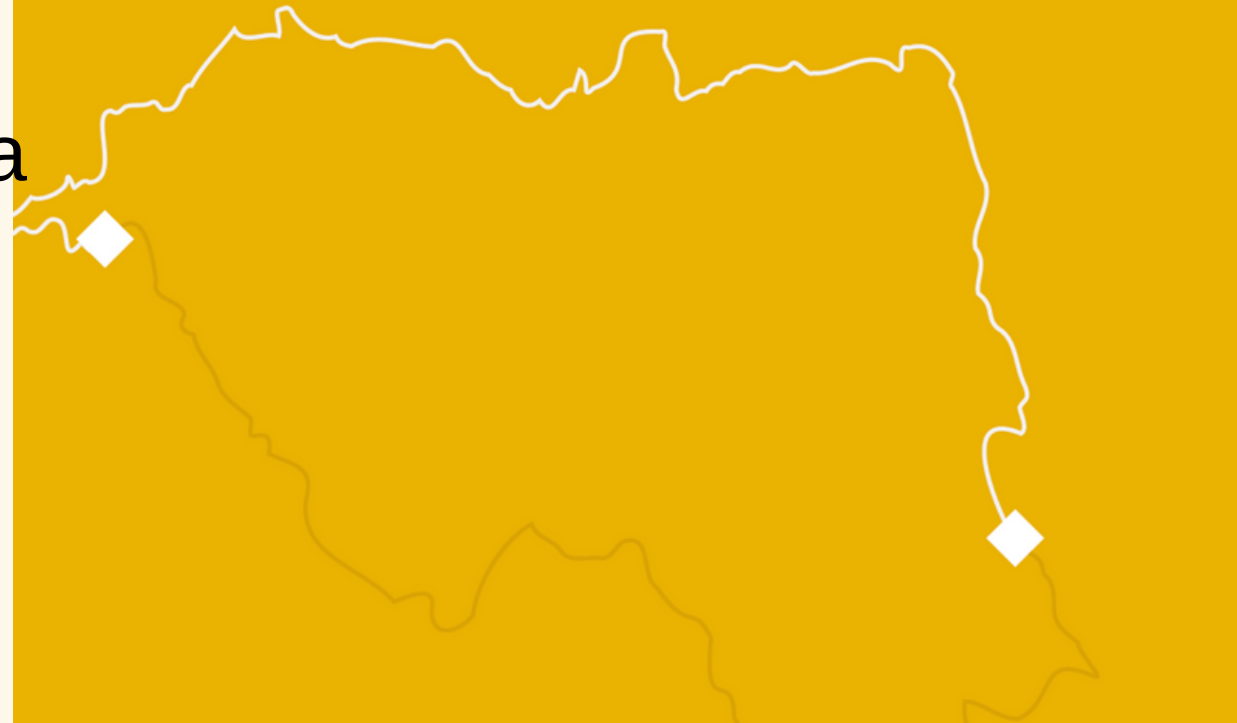




Link to Ride With
Gps

Link to S t r a v a

The first day will take you through the great nationalpark of Fulufjellet, crossing the border to Norway at border cairn no.244 and end with the legendary 7 kilometers long final climb up the Trysil Mountain.



Day 1 Sälen - Trysil

Length: 131 km

Elevation: 1937m



The second day will go south along roaring rivers and back to Sweden at border stone no.246. You will pass biking mecca Rörbäcksnäs and head back to Sälen on the beautiful and much less explored backside of the mountain.

[Link to Ride With Gps](#)

[Link to Strava](#)



Day 2 Trysil - Sälen

Length: 133 km

Elevation: 1493m



Segments!

Segments are a fantastic mix of social cycling and competitive excitement, perfect for those who love a challenge. When you start on this long gravel route, the path turns into an adrenaline-packed adventure, full of a stunning collection of iconic landscapes and challenges.

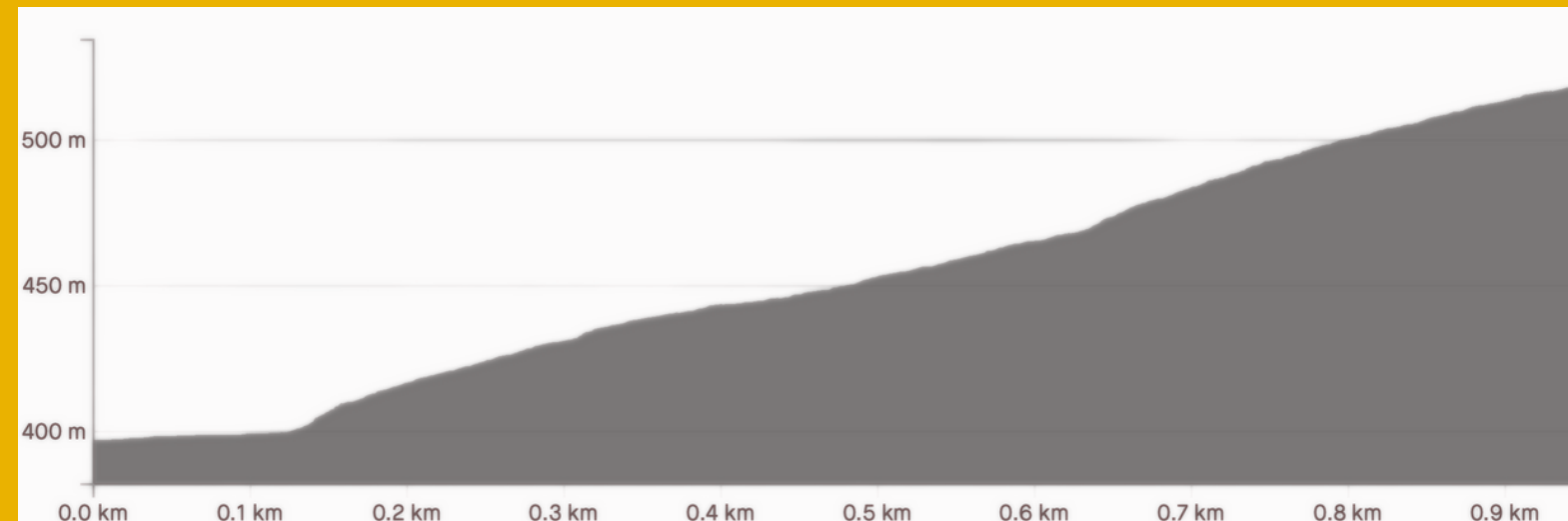
You will tackle varied terrain, from tough climbs and technical skills to the thrill of fast downhill rides and the pleasant flow of easy slopes. This exciting mix of segments means every part of the journey is not just a route, but an unforgettable experience.

At the segments you'll get the chance to empty your tank. Challenge your buddies. Or you can enjoy the scenery like the rest of the route. You don't have to push hard if you don't want to.

At the start of each segment there is a sign with the details. At the finish there will be one or two Beach-flags. The guided groups will stop before each segment and regroup at the finish.



START



<https://www.strava.com/segments/34717990>

1

StartMeUp

Distance : 950 m

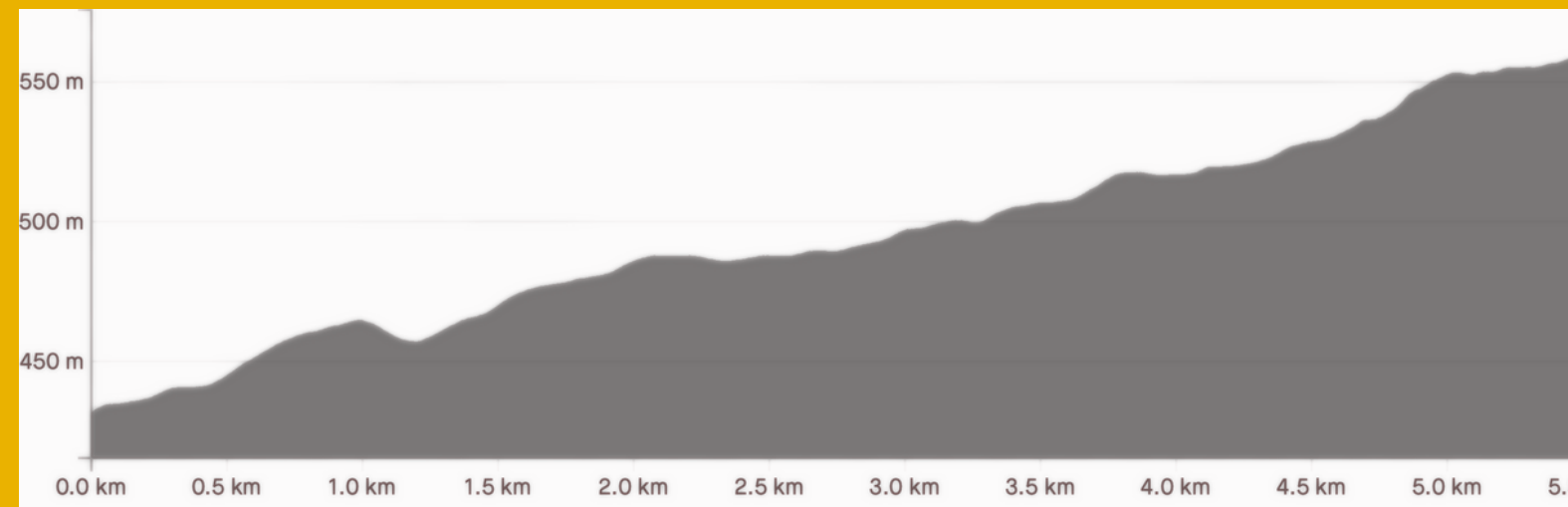
Elevation Difference : 122m

Avg. Grade : 12,9%

Highest Elevation : 519m



START



<https://www.strava.com/segments/35236167>

2

Beware of the Bear

Distance : 5540 m

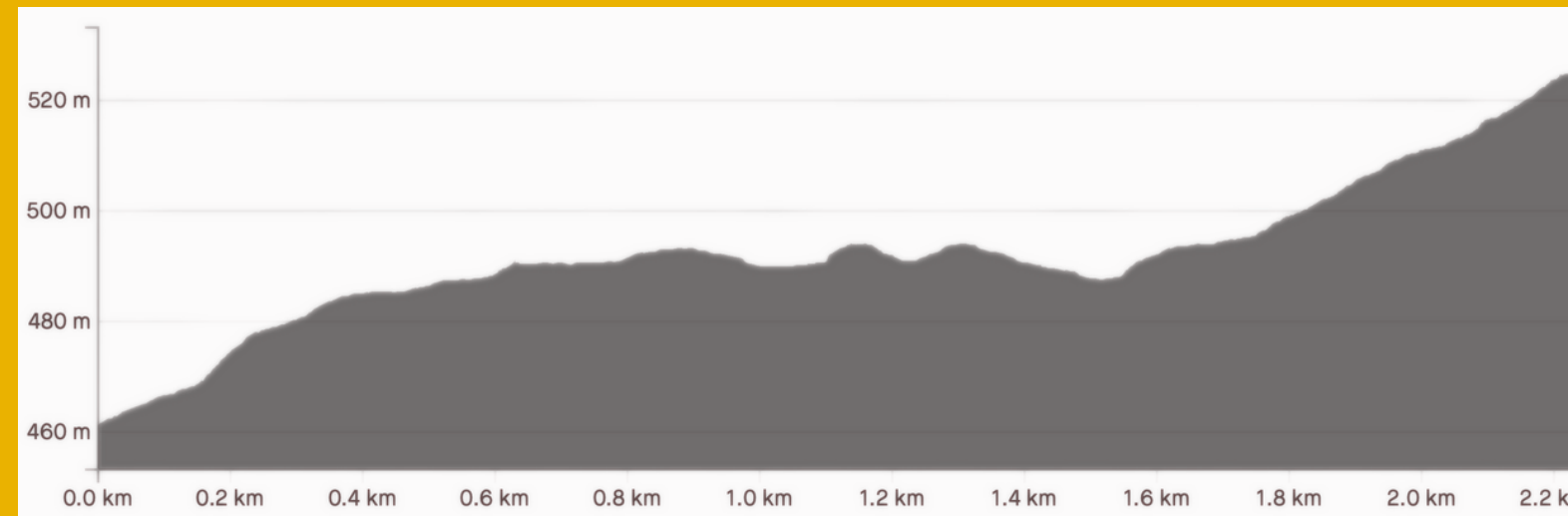
Elev.Difference : 128m

Avg.Grade : 2,3%

HighestElev.: 560m



START



<https://www.strava.com/segments/37087754>

3

Next Exit Norway

Distance : 2230 m

Elevation Difference : 77m

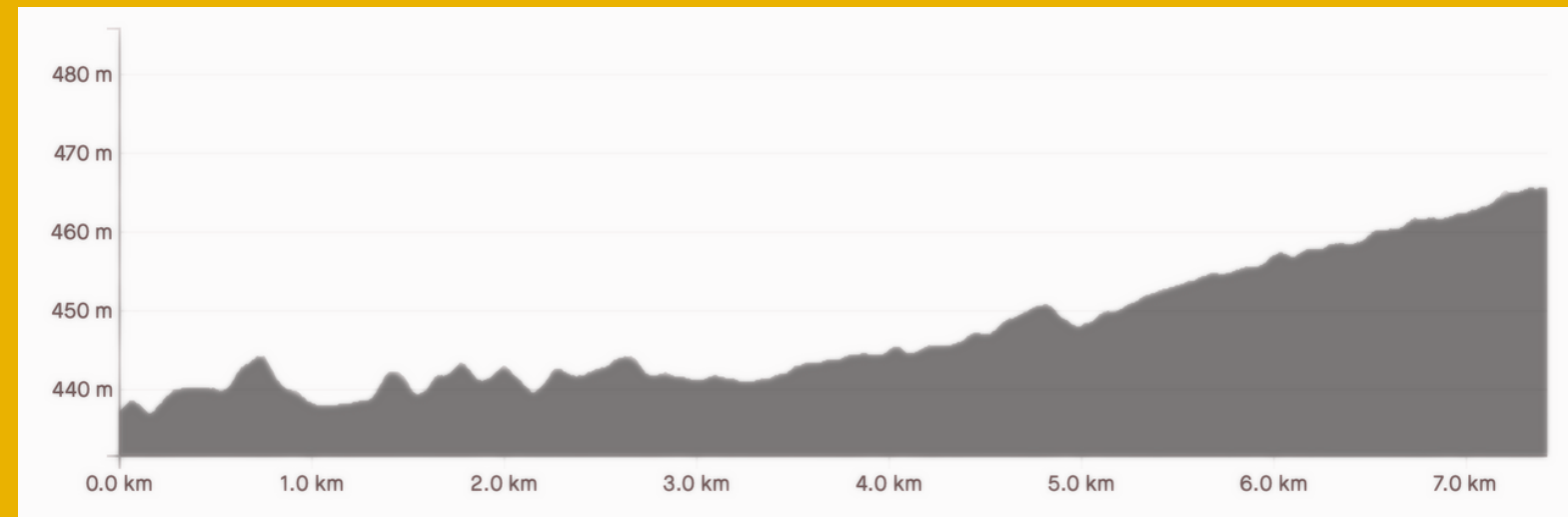
Avg. Grade : 2,9%

Highest Elevation : 525m



SCANDINAVIAN MOUNTAINS GRAVEL ROUTE

START



<https://www.strava.com/segments/35236335>

4

Fly Fishing Freeway

Distance : 8300 m

Elev.Difference : 64m

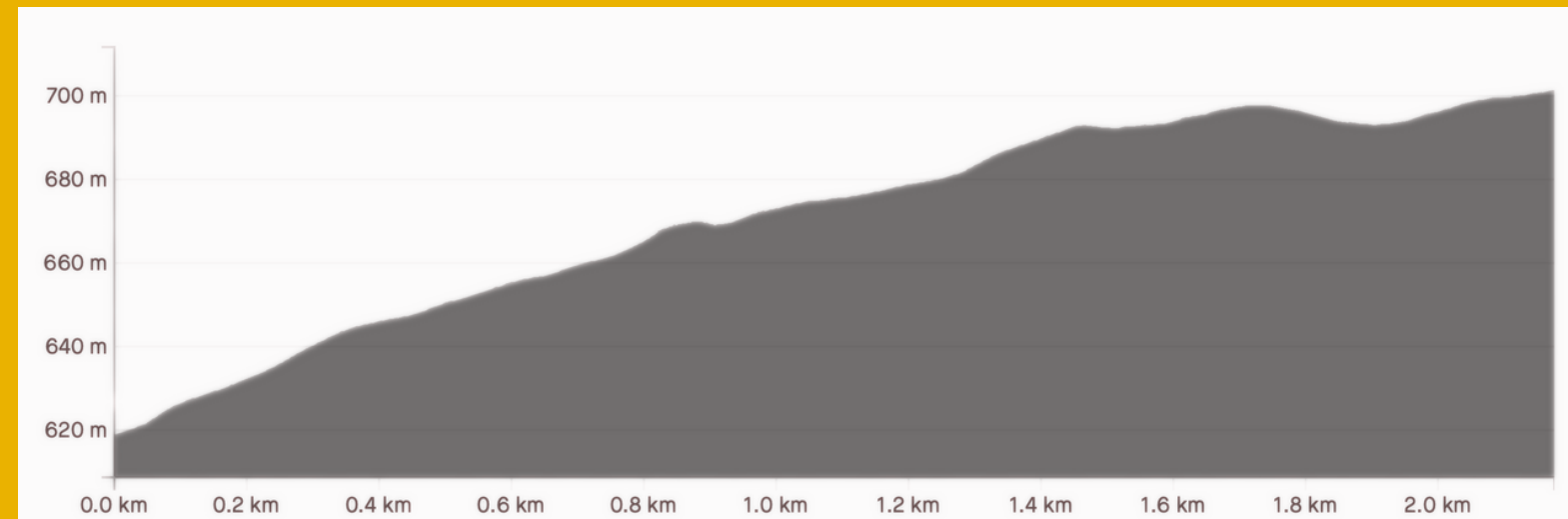
Avg.Grade : 0,5%

Highest Elev. : 480m



SCANDINAVIAN MOUNTAINS GRAVEL ROUTE

START



<https://www.strava.com/segments/35236471>

5

Ljördalen Backdrop

Distance : 2170 m

Elevation Difference : 82m

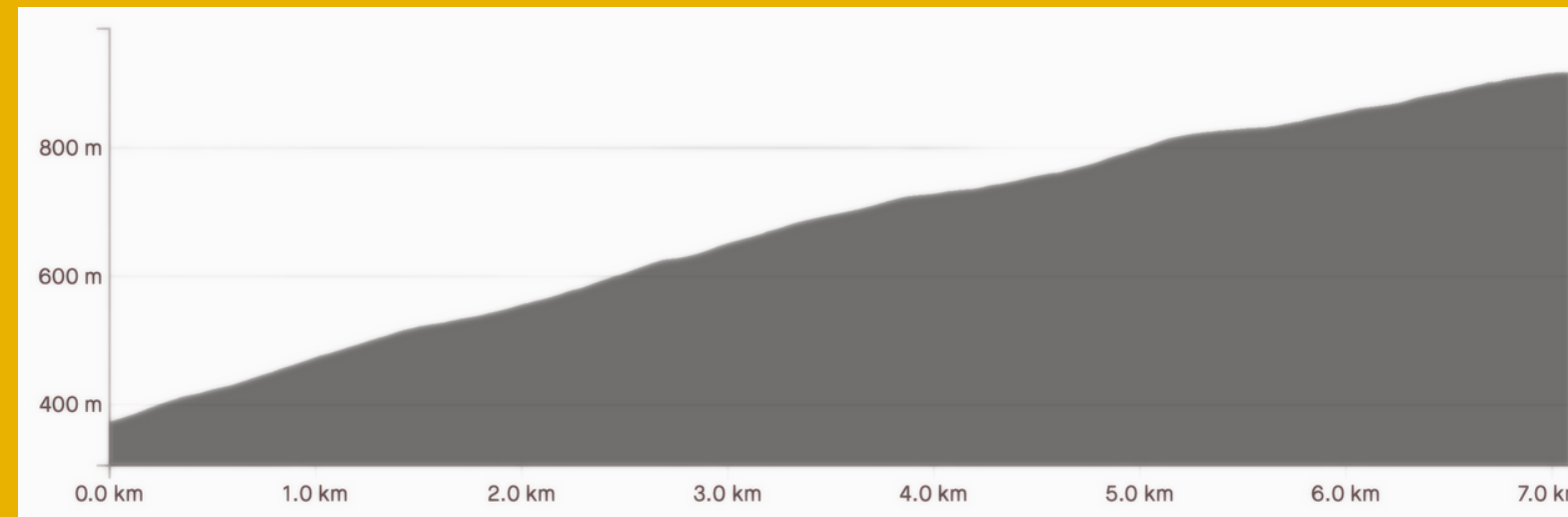
Avg. Grade : 3,8%

Highest Elevation : 701m



SCANDINAVIAN MOUNTAINS GRAVEL ROUTE

START



<https://www.strava.com/segments/35149976>

6

Fageråsen Final Climb

Distance : 7090 m

Elevation Difference : 544m

Average Grade : 7,7%

Highest Elevation : 960m



SCANDINAVIAN MOUNTAINS GRAVEL ROUTE



START



<https://www.strava.com/segments/35878625>

1

Gullia Dreams

Distance : 3380 m

Elev. Difference : 34m

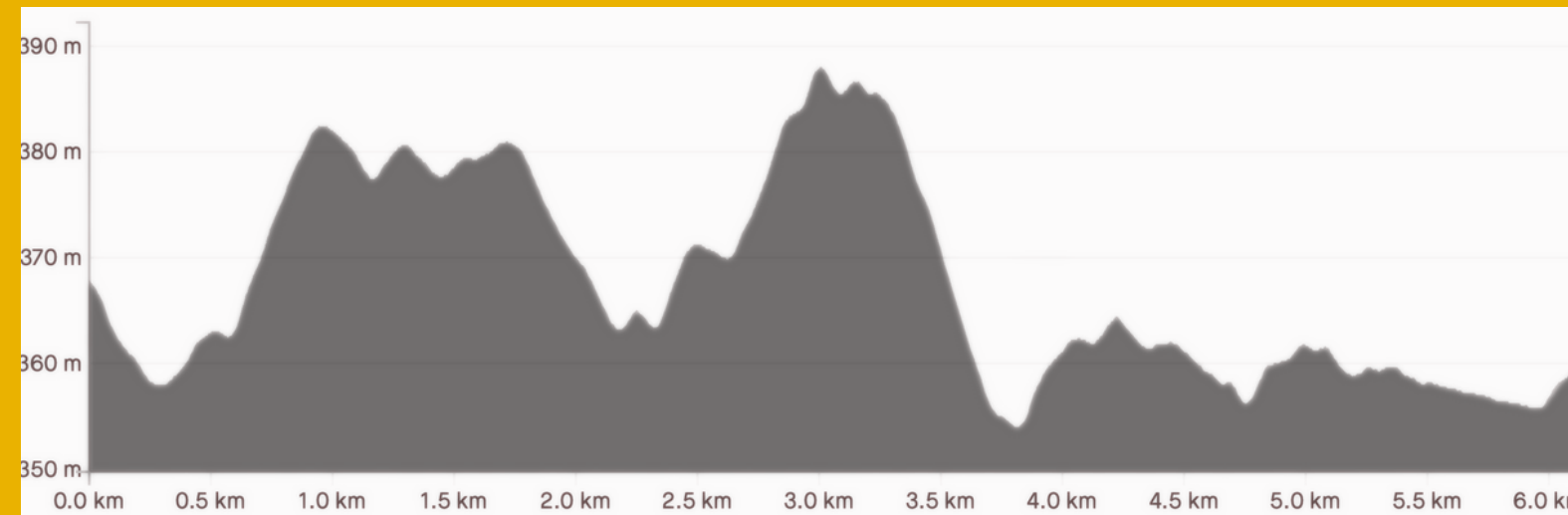
Avg. Grade : -1,0%

Highest Elev. : 447m



SCANDINAVIAN MOUNTAINS GRAVEL ROUTE

START



<https://www.strava.com/segments/37088134>

2

The River

Distance : 6180 m

Elevation Difference : 76m

Average Grade : -0,1%

Highest Elevation : 388m



SCANDINAVIAN MOUNTAINS GRAVEL ROUTE

START

3

The Trail Paradise

IBD

Distance: m

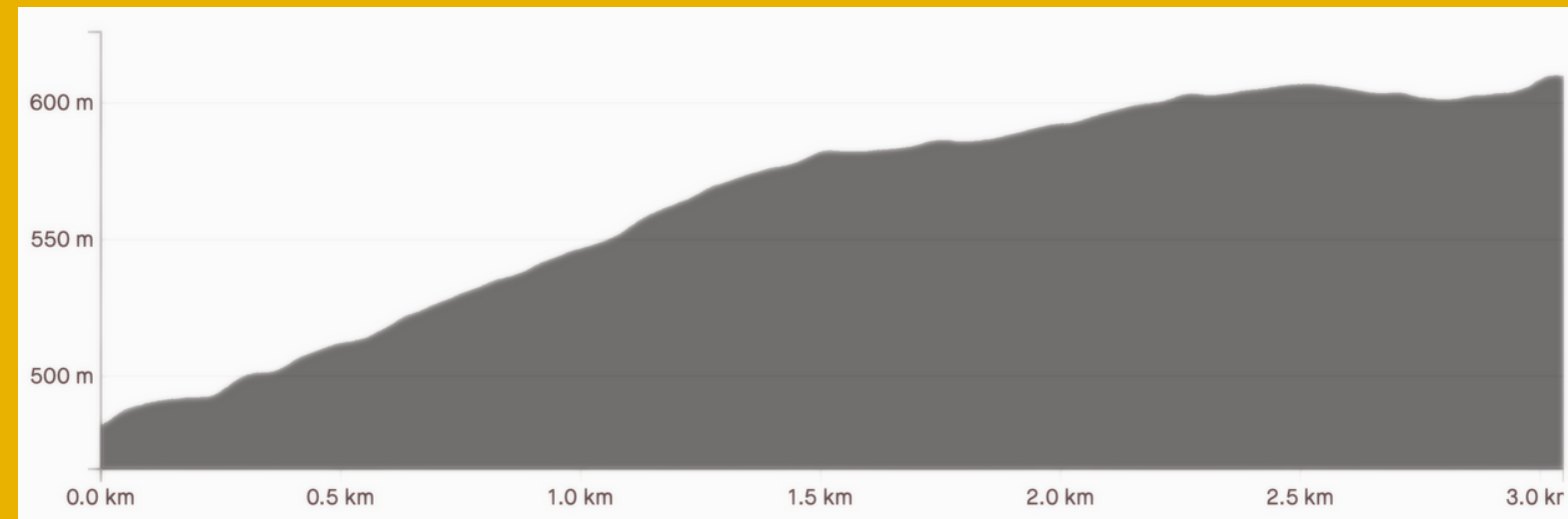
Elev.Difference: m

Avg.Grade: %

HighestElev.: m



START



<https://www.strava.com/segments/35879029>

4

Up to the Wild

Distance : 3040 m

Elevation Difference : 134m

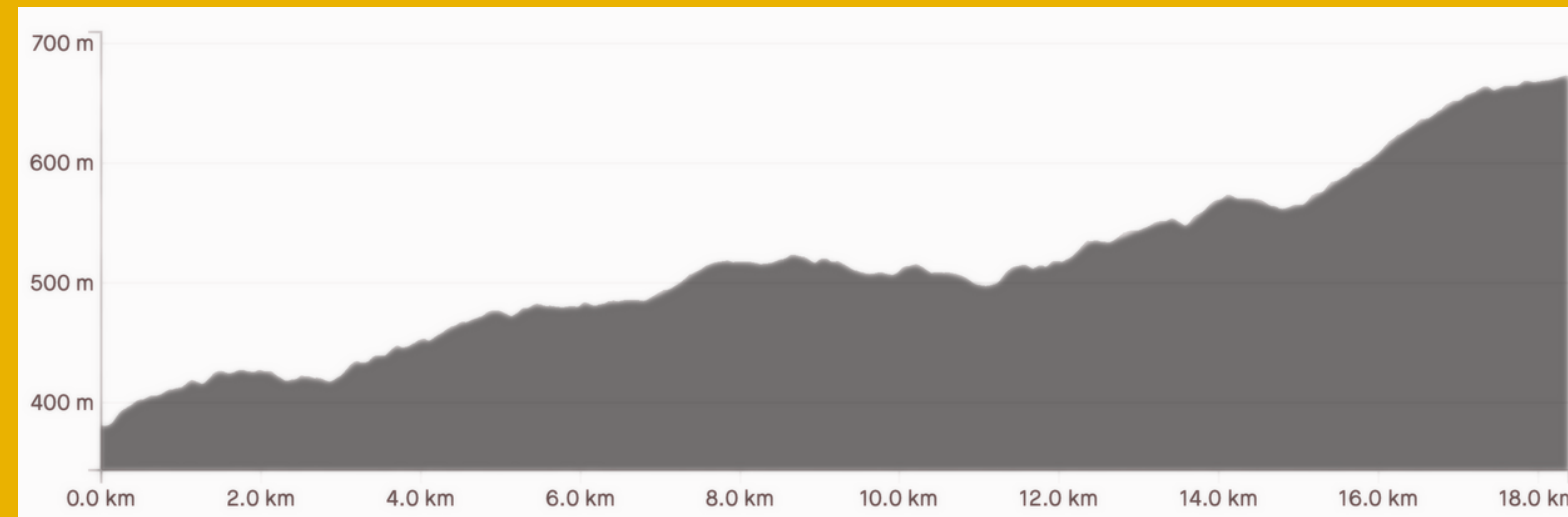
Avg. Grade : 4.2%

Highest Elevation : 610m



SCANDINAVIAN MOUNTAINS GRAVEL ROUTE

START



<https://www.strava.com/segments/35879523>

5

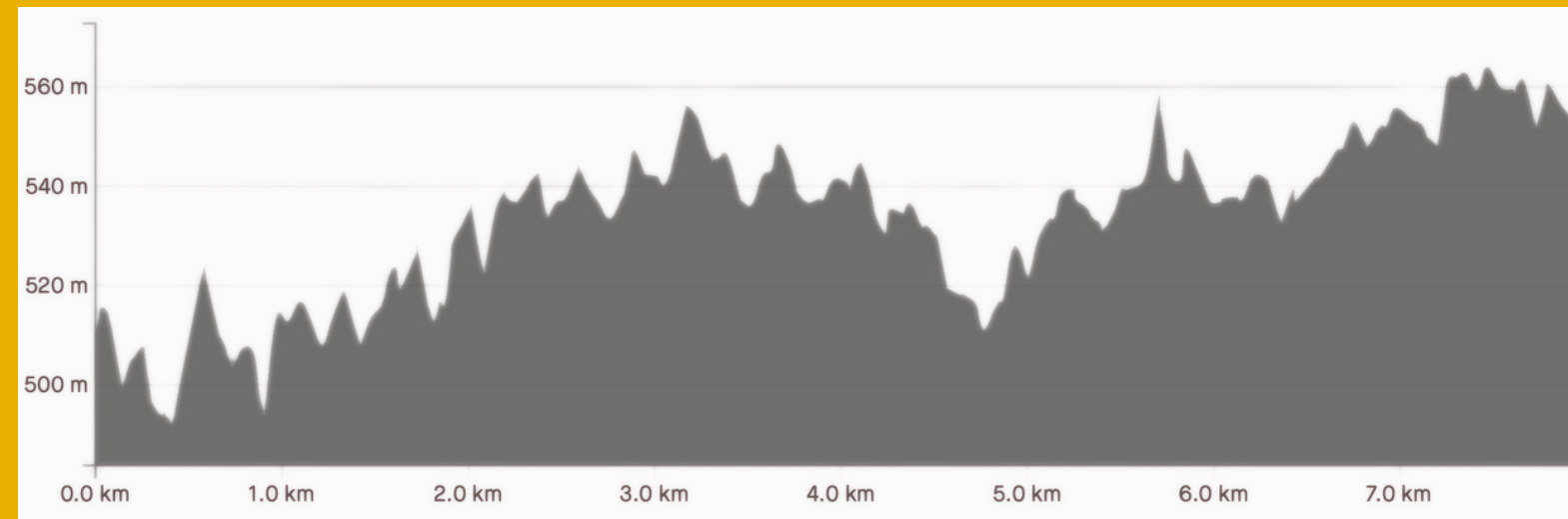
The Never Ending

Distance : 18 380 m Elevation Difference : 386m

Avg. Grade : 1,6% Highest Elevation : 673m



START



<https://www.strava.com/segments/7878141>

6

Grand Finale Sälen

Distance : 7930 m

Elev.Difference : 346m

Avg.Grade : 0,6%

Highest Elev. : 564m



SCANDINAVIAN MOUNTAINS GRAVEL ROUTE

O rgan iser	Mattias Carlsson (Gu ided Heroes)	+46 761 82 42 47
O rgan iser	Eric S jögren (Gu ided Heroes)	+46 705 25 63 69
Service Car 1	KajVestman (Gu ided Heroes)	+46 703 39 03 94
Service Car 2	Fredrik Rydén (Sk i tär)	+46 703 11 82 83
Gu ide FastG roup	Andreas Augustsson	+46 725 33 48 91
Gu ide P re tty G roup	Markus Sku lman (Sk i tär)	+46 722 13 97 44
Gu ide P re tty G roup	Ca le Carlsson	+46 763 23 97 99
Em ergency Sweden	Em ergency Sweden	+46 112
Em ergency No rway	Em ergency No rway	+47 113

You're interested in more events from us?

Go to www.guidedheroes.com

Gravel in Småland

<https://www.lonnebergagravel.com>

Or why not the epic
of our Abloc Winter

<https://www.guidedheroes.com/abloc-winter-cha>



You're interested in more events from us?

Go to [skistar.com](https://www.skistar.com)

5 Aug - 11 Aug 2024
The Vasalopp Bike Festival

14 Sep - 15 Sep 2024
Trysil Enduro



Cykelvasan Sälen - Mora

Welcome to wonderful days filled with activities for all ages where the focus is on cycling. As usual, the Cykelvasa race (Vasaloppet by Bike) takes place on Fridays and Saturdays, but for anyone staying at...

✳ Skistar.com



Trysil Enduro

Welcome to the 6th edition of Trysil Enduro, a fast-paced weekend packed with fun cycling.

✳ Skistar.com